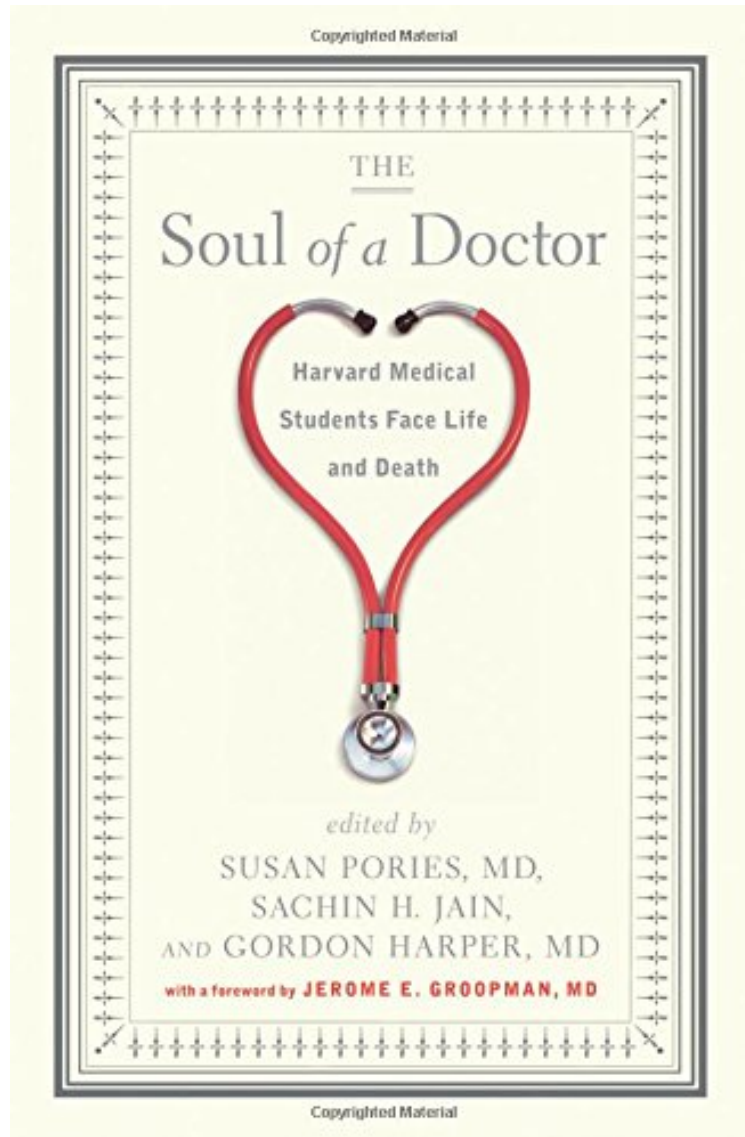


[Ebook free] The Soul of a Doctor: Harvard Medical Students Face Life and Death

## The Soul of a Doctor: Harvard Medical Students Face Life and Death

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**From Brand: Algonquin Books : The Soul of a Doctor: Harvard Medical Students Face Life and Death** before purchasing it in order to gage whether or not it would be worth my time, and all praised The Soul of a Doctor: Harvard Medical Students Face Life and Death:

0 of 0 people found the following review helpful. Moving.By Iman AliI am entering my first year of Medical school

and this was a required summer reading assignment, but I have to say that it was worth it. This book is a collection of essays that tell the stories of actual students and their experiences with patients, healthcare and with finding themselves as physicians and caregivers. The stories aren't always happy but they are realistic and I appreciate the honesty. 0 of 0 people found the following review helpful. *Compassion in the Hospital Clinical Rotations* By Cecelia Cody This book gives an inside look at the experiences of many third year medical students as they endure the clinical rotations. Each chapter is written by a different medical student. The title is quite appropriate, as well as reading the nuts and bolts of learning to be a doctor, the reader gets a glimpse of the inner thoughts, the "soul" of these medical students. I recommend this book especially for relatives and friends of medical students, to get a feel for what the med student is experiencing, both the visible activities, and invisible thought process of the future doctors in training. 0 of 0 people found the following review helpful. *Eye opening* By James P. Corsones As a long time physician, I found this an interesting read. For the lay person, it highlights many of the struggles that physicians deal with as we learn that medicine is an art and not a science. The old training was to distance yourselves from the patient emotionally but luckily for me, my father was a primary care MD in the mold of Marcus Welby and the personal touch is valuable in every specialty. It would have been nice to get a little more background on each author. Also, this is Harvard Medical School so the experience might be skewed by being at an academic mecca.

By the time most of us meet our doctors, they've been in practice for a number of years. Often they seem aloof, uncaring, and hurried. Of course, they're not all like that, and most didn't start out that way. Here are voices of third-year students just as they begin to take on clinical responsibilities. Their words focus on the odd transition students face when they must deal with real people in real time and in real crises and when they must learn to put aside their emotions to make quick, accurate, and sensitive decisions. Their decisions aren't always right, and the consequences can be life-altering for all involved. Moving, disturbing, and candid, their true stories show us a side of the profession that few ever see, or could even imagine. They show, often painfully, how medical students grow up, right at the bedside.

From Publishers Weekly As Groopman states in his foreword, "each interaction between a doctor and a patient is a story." The moving stories of 44 doctors-in-training collected by two M.D.s (Pories and Harper) and one medical student (Jain), all at Harvard, are accounts written by medical students. Their tales convey lessons both emotional and medical, from learning how to communicate and empathize with those afflicted by illness to ways to ease suffering and loss. In one heartrending incident, David Y. Hwang describes a marine's rage followed by tears on hearing that his wife was going to die, while the wife herself remains in calm denial. Rajesh G. Shah explores how he learned from his first patient to overcome his judgmental attitude about those so beset by anxiety they cannot function without medication. In a particularly self-revelatory (and anonymous) piece, a student describes the endless hazing experience at the hands of interns and residents and the student's need to constantly manage a sense of insecurity. These are thoughtful and illuminating accounts of beginning physicians under stress, growing and changing as they progress through their chosen field. (June 2) Copyright copy; Reed Business Information, a division of Reed Elsevier Inc. All rights reserved. From School Library Journal Adult/High School; This collection of essays written by medical students going from the classroom to their first experiences with live patients gives personal views of the issues doctors face. From communicating diagnoses to patients to balancing medical protocol with patient needs, medical students have a unique perspective. They see established procedures with new eyes and question everything. Each essay conveys a pivotal moment or experience for its author. One individual learning to take medical histories watched a video of himself interacting with patients and realized that he never looked up and was brusque to the point of rudeness. Teens exploring medical careers will find much to think about here. ndash; Charlotte Bradshaw, San Mateo County Library, CA Copyright copy; Reed Business Information, a division of Reed Elsevier Inc. All rights reserved. From Booklist Medical schooling's decades-long focus on the science rather than the art of doctoring seems to be shifting. Doctors and their teachers are again recognizing that there is more to patient care than pages of numbers and medical images. The change isn't proceeding rapidly, though; indeed, one of the med-student contributors to this book notes being told, "The patient's history is totally worthless." The good news is that medical schools are beginning to adjust. In Harvard's patient-doctor course, students are required not only to work on the wards but also to write essays about their experiences. The results may be as surprising to them as it is sadly predictable to many patients. After viewing himself in a videotaped interview with a patient, one young man estimated that it had taken him only months to go from being "Mr. Empathy" to being "Dr. Jerk." One can almost hear the idea bulbs ignite as these students wrestle with issues of communication, empathy, and easing suffering and loss. Donna Chavez Copyright copy; American Library Association. All rights reserved